

Central Market
CAFÉ
BREAKFAST

7AM - 10:30 AM

MAIN DISHES

All American Breakfast

460 cal...\$6.5

Two eggs cooked to order, breakfast potatoes, and wheat toast.

Add bacon 150 cal...\$2

Add sausage 270 cal...\$2

Challah French Toast

710 cal...\$7

Thick-sliced challah dipped in vanilla custard, topped with fresh berries and served with maple syrup.

Breakfast Tacos

\$2.75

Bacon, egg, cheese

Chorizo, egg, cheese

Potato, egg, cheese

Bean & cheese

Brisket, egg, cotija

Organic Oatmeal

380 cal...\$4.5

Rolled oats with mixed berries and brown sugar.

Granola and Yogurt

390 cal...\$6

Greek yogurt with granola and mixed berries.

Sausage Wrap

\$1.99

Beef & pork sausage wrapped in a flour tortilla.

SIDES

Two Eggs Any Style

180 cal...\$2.5

Hickory Smoked Bacon

150 cal...\$3

Sausage Patties

440 cal...\$3

Breakfast Potatoes

w/ Pepper & Onions

170 cal...\$2

Fresh Fruit

80 cal...\$2.5

KIDS' MENU (10 AND UNDER)

Breakfast Plate

250 cal...\$4

Scrambled egg, breakfast potatoes, and wheat toast.

French Toast

390 cal...\$4

Thick-sliced challah dipped in vanilla custard, topped with fresh berries and served with maple syrup.

Central Market
CAFÉ

FEATURED BREAKFAST

7AM - 10:30 AM

SPECIALS

BREAKFAST CROISSANT **\$6**

Stuffed with eggs, bacon, cheddar & tomato.
Served with a side of fruit.

BAGEL WITH CREAM CHEESE **\$2**

Plain or Everything

PANCAKES **\$6**

2 jumbo pancakes.
Served with maple syrup.

MIGAS **\$5.5**

Scrambled eggs, corn tortilla chips, pico de gallo, & cheddar jack cheese. Served with a side of potatoes and flour tortillas.

Central Market CAFÉ

SALADS

Steak Salad 1250 cal...\$10

Grilled flank steak with romaine lettuce, oven-roasted balsamic tomatoes, egg, red onion, fennel, blue cheese, balsamic vinaigrette and roasted garlic stuffed vinegrates

Asian Salmon Salad 890 cal...\$12

Sesame soy salmon with field greens, cilantro, mango, carrots, cucumber, sesame, peanut and orange sesame vinegrates

BURGERS, SANDWICHES & WRAPS

CM Burger 740 cal...\$8.99

Grilled ground sirloin - served with fries or fruit - Cheese or Bacon, 8/each

Salmon Burger chef special...\$8.99

Ginger blue glaze, avocado tomato spread, sesame seed on a Potato (a) Galt bun, served with fries or fruit

Roasted Turkey Club 780...\$10

Turkey, Bacon, tomatoes, avocado, lettuce, mayo, turkey whole wheat bread - served with fries or fruit

Veggie Burger 770 cal...\$7.99

Beetroot, olive paste - served with fries or fruit

Grilled Chicken Breast Sandwich 770...\$8

Chicken, chipotle chili, lettuce, avocado, onion, pepperjack, tomato, tomato - served with fries or fruit

Mediterranean Chicken Wrap 820...\$9

Lemon marinated chicken breast with field greens, cucumber, roasted red peppers, black olives, feta, and olive vinegrates in a tortilla with hummus - served with fries or fruit

Turkey Bacon Panini 880...\$9

Roasted turkey and bacon with spinach, provolone cheese, and chipotle mayo on sourdough bread

PIZZAS

Artichoke Olive Mushrooms 1920...\$18

Beef pork sauce with roasted artichokes, olives, mushrooms, and feta

Basil 1440...\$10

Provolone sauce with pepperoni, sausage, mushrooms, onions, bell peppers, tomatoes, and crushed red pepper

Traditional Cheese 1440...\$8

Provolone sauce with mushrooms, portobello, provolone, and fresh basil

SIDES

French Fries...\$5

Sweet Potato Fries...\$4

Fresh Fruit...\$5

SOUP OF THE DAY

Please ask about today's selection.

KIDS' MENU (10 AND UNDER)

Burger 350 cal...\$5
PB & J 500 cal...\$5

Grilled Cheese 620 cal...\$5
Chicken Tenders 320 cal...\$5

- Served with fries or fruit